

Sexual Health Clinics

How to contact services

The service can be contacted:

- In person at the three main Hub Clinics (see contact details below)
- Telephone 01483 783340 (staffed Monday to Friday 9am until 5pm)
- Website at www.sexualhealth.cnwl.nhs.uk
- E mail sexualhealth.cnwl@nhs.net

Later in the year residents will also be able to go online and order home sampling kits for STI and HIV screening so they will not always need to come into the clinic if home testing would be more convenient for them.

1. Hub Clinics

These are the three main CNWL clinics in Surrey from which the majority of services are now being delivered. From the 6th April 2017 the services available from the Hub Clinics will be the same as the services delivered by the previous provider and initially the opening times will also remain the same. During the 3rd to the 5th April 2017, emergency services will be delivered from the Buryfields Clinic and the Earnsdale Clinic. Over the first year of the new CNWL services we will be developing the Hub Clinic services further, e.g. by offering more STI (Sexually Transmitted Infections) screening in the Woking Clinical Hub and extending opening hours. The three Hub Clinics are:

Buryfields Clinic
61 Lawn Road
Guildford GU2 4AX
Tel: 01483 783340

Earnsdale Clinic
2 Whitepost Hill
Redhill RH1 6BD
Tel: 01737 231350

Woking Clinic

Woking Hospital
Heathside Road
Woking GU22 7HS
Tel: 01483 714160

Services available from Hub Clinics

- Booked and walk in appointments
- Full range of STI and HIV screening
- STI treatment and follow-up
- Full range of contraceptive services and support (this is often referred to a Sexual and Reproductive Health care), including access to LARC (Long-Acting Reversible Contraception)
- Booked appointments for specialist STI and contraception care and support (for those with complicated conditions)
- HIV treatment and care outpatients and follow-up (this is at Buryfields and Earnsdale, with the aim to make the Buryfields Clinic the main HIV treatment and care outpatient clinic)
- Psychosexual support
- Chlamydia and Gonorrhoea Screening and treatment for Under-25s

2. CNWL Spoke Clinics

CNWL Spoke Clinics that will operate in other areas of the County on a regular basis, often from clinical rooms in the community. The CNWL Spoke Clinics will be different from the Spoke Clinics that were operated by the previous provider. Initially patients will be able to drop in to sessions where they will be given information about contraception care and STI/HIV screening and Chlamydia and Gonorrhoea screening for under 25s. We want the new CNWL Spoke Clinics to be run at times that are convenient for patients. The CNWL Spoke clinics are not yet running and we are working quickly to make arrangements to operate CNWL Spoke Clinics in the following areas:

- Leatherhead
- Epsom
- Spelthorne
- Runnymede

Services available from Spoke Clinics

- Drop in education, advice and support sessions
- STI and HIV screening
- LARC (Long-Acting Reversible Contraception) – injections and implants
- Patients will be able to book appointments in the Hub Clinics for the full range of contraception services and support (including LARC) and STI and HIV treatment and follow up

- HIV patients blood screening, significantly improving convenience and access
- Chlamydia and Gonorrhoea Screening and treatment for Under-25s
- Condom Distribution, including the Condom Distribution Scheme (C-Card) for young people

3. Surrey Sexual Health Outreach Programme, including Chlamydia and Gonorrhoea screening in Under-25s

‘Outreach’ is the term we use to describe the delivery of sexual health services and health promotion which takes place in community settings and this includes Chlamydia and Gonorrhoea screening for young people under-25 and the C-Card (Condom Distribution) Scheme for young people. The Outreach Programme can be contacted on 01483 846 421.

Over the first year we will be developing the services further, for instance we are working on running young people’s clinics on alternate Saturdays from Earnsdale Clinic and Buryfields clinics. CNWL will maintain the outreach services delivered by the previous provider and therefore there will be no reduction in provision for residents.

Outreach services are designed and targeted at those most in need, either because they are at high-risk of sexual ill health or unintended pregnancy or are unable or do not want to use mainstream sexual health services. Reducing health inequalities and improving sexual health outcomes is a key aim of outreach services and this is why CNWL has been commissioned to work with the following priority populations who are disproportionately affected by sexual ill health or unintended pregnancies:

- Young people under 25
- Black and Minority Ethnic communities
- Sex Workers
- Men who have sex with men (MSM)
- People with disabilities
- Those engaged in ChemSex
- Trans* communities.

The outreach service will be promoted by posters and leaflets in community settings, on the website and in the HUB clinics. A calendar of events will be available later in the year when the service is fully functional.

Services available through Outreach

The services we deliver for residents in community settings are not the same as the services available from the CNWL Hub and Spoke Clinics. However, the development of modern clinical testing technology and electronic communication means we can now offer an extensive range of services and support, without the need for people to attend a clinical site (although those with more complex needs may need to attend a clinic).

You may have heard of the term '**Clinic in a Box**', which is the phrase we use for the sexual health resources that we place in a mobile container (often a suitcase on wheels) which we use to transport sexual health resources into community settings). These resources mean we can make available the following services and support:

- Health Promotion, including advice information and support around reducing risk, unplanned pregnancy and self-care
- Onward referral for issues related to mental health, smoking, drugs and alcohol
- Full STI and HIV testing
- Chlamydia and Gonorrhoea testing targeted and tailored for under-25s
- Condoms and lube, including the Condom Distribution scheme for young people
- Rapid pathways to the CNWL HUB clinics for GUM and Contraception treatment and care and support and LARC
- Targeted support to reduce teenage conceptions, including pregnancy testing
- Support, advice and referral relating to:
 - Safeguarding
 - Child sexual exploitation
 - Harmful Traditional Practices; including Female Genital Mutilation, Forced Marriage and Honour based violence
 - Domestic Abuse
 - Gangs and associated sexual health violence/exploitation
- Education sessions, advice, information and support for Professionals in General Practice, Pharmacies, Young People's Services, School Nursing, Family Nurse Partnership Team, Youth Centres, Looked After Children, Youth Offending, Schools and Colleges.
- Comments cards, quarterly surveys and focus groups to gather patient feedback